

Positive Discipline for Parents:



Supporting families

With an emphasis on helping children become caring, cooperative and capable.

Workshops are fun, interactive, and are designed to create long term change in the child and parent -- not just a short term quick fix.

The Northeast Regional Community Foundation and the BLT Society are offering parent workshops and materials aimed at helping parents become the best parent they can be. Our workshops and materials cover a range of topics and incorporate Positive Discipline principles that are relevant to each specific issue.

We provide parents with non-punitive, respectful tools that incorporate kindness and firmness into parenting while teaching children important life skills at the same time.

Our workshops and materials teach parents how to apply Positive Discipline principles to common behaviour concerns such as:

- not listening - back talk - morning and bedtime problems – defiance - and many others

There will be a **free** 7-week **Parenting the Positive Discipline Way** class.

**Tuesday evenings starting
October 30th – December 11th
Tremblay Elementary School**

Child minding will not be provided

Aimed at parents with children aged birth through the teen years.

To register please contact

**Johanna Martens at 250-467-0901 / johanna@myannaconsulting.com
or Kira Kurka 250-782-8147 / kkurka@sd59.bc.ca**

Quotes from Positive Discipline author, Jane Nelsen:

“Where did we ever get the crazy idea that in order to make children do better, first we have to make them feel worse?”

“Being tough on tough kids doesn’t make them kinder.”

How can we expect children to control their behaviour when we don’t control our own?



<http://www.positivediscipline.ca/>



*Growing a
Lasting Legacy*