

## Positive Discipline for Parents:



Supporting families

With an emphasis on helping children become caring, cooperative and capable.

*Workshops are fun, interactive, and are designed to create long term change in the child and parent -- not just a short term quick fix.*

The South Peace Children First and Success By 6 table, along with South Peace Community Resources Society are offering parent workshops and materials aimed at helping parents become the best parent they can be. Our workshops and materials cover a range of topics and incorporate Positive Discipline principles that are relevant to each specific topic.

We provide parents with non-punitive, respectful tools that incorporate kindness and firmness into parenting while teaching children important life skills at the same time.

Our workshops and materials teach parents how to apply Positive Discipline principles to common behaviour concerns such as:

- not listening - back talk - morning and bedtime problems – defiance - and many others

There will be a **free** 7-week **Parenting the Positive Discipline Way** class.

**Thursday evenings starting  
April 6, 2017 7:00 PM – 9:00 PM  
CCR&R (Unit # 7) in the Dawson Co-op Mall**

Child minding will not be provided

Aimed at parents with children aged birth through the teen years.

**To register please contact Johanna Kunz at 250-467-0901 or**

**Email: johanna.sb6@gmail.com**



*Quotes from Positive Discipline author, Jane Nelsen:*

*"Where did we ever get the crazy idea that in order to make children do better, first we have to make them feel worse?"*

*"Being tough on tough kids doesn't make them kinder."*

*How can we expect children to control their behaviour when we don't control our own?*

<http://www.positivediscipline.ca/>

