

## Positive Discipline for Parents:



Supporting families

With an emphasis on helping children become caring, cooperative and capable.

*Workshops are fun, interactive, and are designed to create long term change in the child and parent -- not just a short term quick fix.*

The South Peace Building Learning Together Society, School District 59, Children First, and a Northern Health Imagine Grant are offering parent workshops and materials aimed at helping parents become the best parent they can be. Our workshops and materials cover a range of topics and incorporate Positive Discipline principles that are relevant to each specific topic.

We provide parents with non-punitive, respectful tools that incorporate kindness and firmness into parenting while teaching children important life skills at the same time.

Our workshops and materials teach parents how to apply Positive Discipline principles to common behaviour concerns such as:

- not listening - back talk - morning and bedtime problems – defiance - and many others

There will be a **free** 7-week **Parenting the Positive Discipline Way** class.

**Friday mornings starting  
January 20, 2016 10:00 AM – 12:00 PM  
Tremblay Elementary School**

Limited child minding spaces provided

Aimed at parents with children aged birth through the teen years.

**To register please contact Gloria Cleve at 250-784-6330 or  
email [Gloria\\_Cleve@sd59.bc.ca](mailto:Gloria_Cleve@sd59.bc.ca)**



<http://www.positivediscipline.ca/>

