

It's  
Back

# Everybody Move! #2

Are you physically inactive or medically obese and never participated in this program before?

Want to get moving with educational and complimentary work-out sessions?

**This program is for you!**

Sponsored by:



**Ask your Doctor if this program is right for you!**

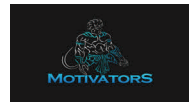
**It includes:**

**4 Free educational sessions &  
12 Free workouts at participating facilities**

**Participating Doctors:**

**Eljen Medical Clinic, Nordly's Medical Clinic,**

**South Peace Chiro & Dr. Hargreaves Office**



For more information please Contact City of Dawson Creek Arena Rec. Programmer Meagan Pickett 250-782-2229 ext. 108 or at mpickett@dawsoncreek.ca, or Community Services at 250-784-3604 or at recreation@dawsoncreek.ca